

# Barnet Youth

Summer 2025



**Free Summer  
Camps and  
Activities**

**Free trips to**  
Laser Quest, Flip Out  
and Theatre

**Fun Days**

Family Fun Park Days,  
Inflatables, Sports, Yoga,  
Water Sports

**Volunteering**

Become a Parent Volunteer  
and sign up today



[barnetyouth.uk](http://barnetyouth.uk)

Caring for **people**, our **places** and the **planet**

BACE Holidays:  
Fully funded by the Department for Education



## Barnet Youth

Welcome to the Summer 2025 edition of our Barnet Youth Magazine! As the sun shines brighter and school doors close for the holidays, it's time to dive into a season full of adventure, creativity, and connection. This summer, we're thrilled to offer an exciting lineup of activities for young people and families across the borough. From family fun days in the parks to thrilling trips for teens, there's something for everyone to enjoy. We're also teaming up with local libraries to bring you STEM sessions that spark curiosity and innovation, and we're proud to support opportunities like RAF Camp and so much more.



For children aged 4\*-16 who are eligible for benefit-related free school meals. Eligible

children will receive a Holiday Activity e-voucher by email to access an offer of camps, trips and enriching activities, including multi-sports, arts and crafts, performing arts and much more. For up to 4 days of the Summer holidays. Each child will receive meals or snacks.

*\*4-year-olds must be enrolled in reception at school.*

BACE Holidays is fully funded by the Department for Education under the Holiday Activity Food (HAF) Programme and runs in the Summer, Winter and Spring Holidays. To see more about how to get your Holiday Activity e-voucher go to page 3.

**Summer BACE 2025: Monday 28 July until Friday 29 August 2025.**



If you are not eligible for BACE Holidays, you can still access Positive Activities, which offers a range of activities, from sports

and fitness to music and media, and even arts and cooking. There is so much on offer! The project runs during the school term-times and throughout the school holidays.

Positive Activities is FREE to all children and young people who live in or attend school in the London Borough of Barnet.

**Summer Term Time: 2 June - 17 July 2025**

**Summer Holidays: 28 July - 29 August 2025**

**Autumn Term Time: 08 September - 24 October 2025**

**Autumn Half Term: 27 October - 31 October 2025**



Follow @BarnetYouth\_ on Instagram • [barnetyouth.uk](http://barnetyouth.uk)



### Partnership Working with the Duke of Edinburgh Award

Young People can access the Duke of Edinburgh Award and complete their Bronze, Silver and Gold Award. All children aged 7+ can drop-in to the Open Award Activity Nights in our young people's centres across the borough.

**All summer holiday activities go live on [Barnetyouth.uk](http://Barnetyouth.uk) on 4th July 2025 at 6:00pm.**

**Bookings close prior to the delivery date so to guarantee your child's place book early to avoid disappointment.**



### Look out for Bring a Friend activities!

Some of our 12+ activities you can **bring a friend along**, even if they are not eligible for BACE Holidays!



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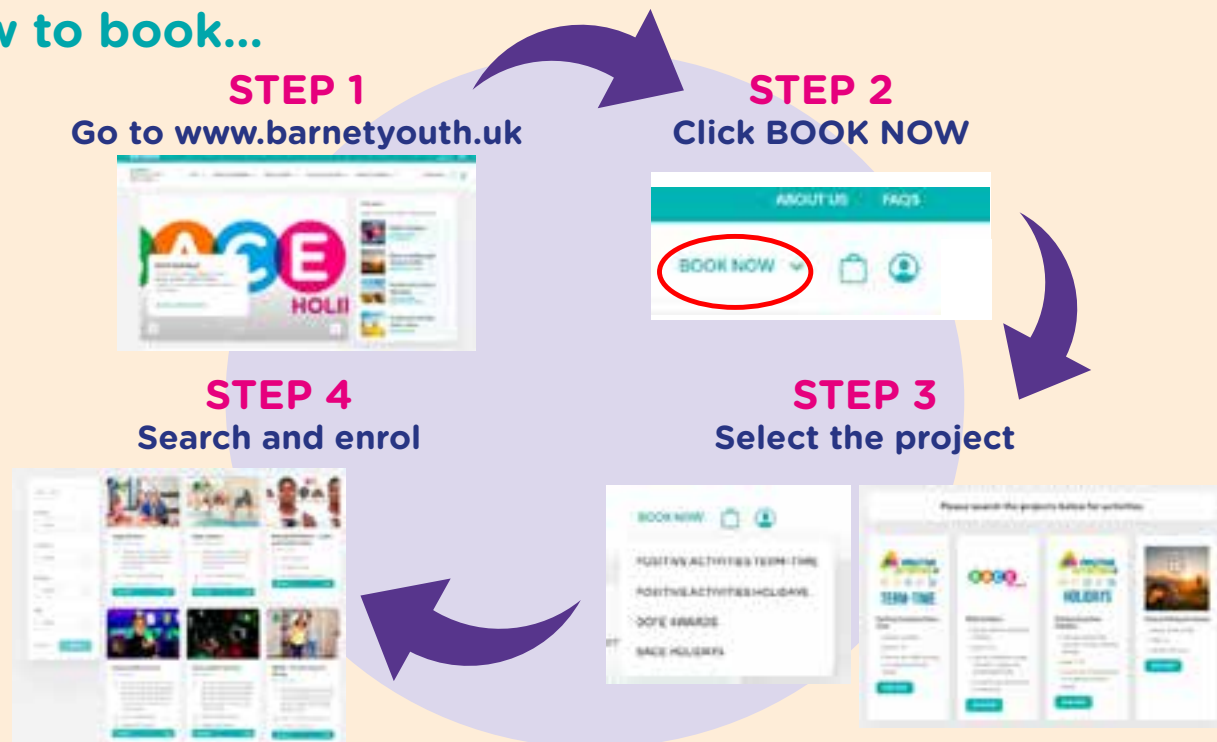
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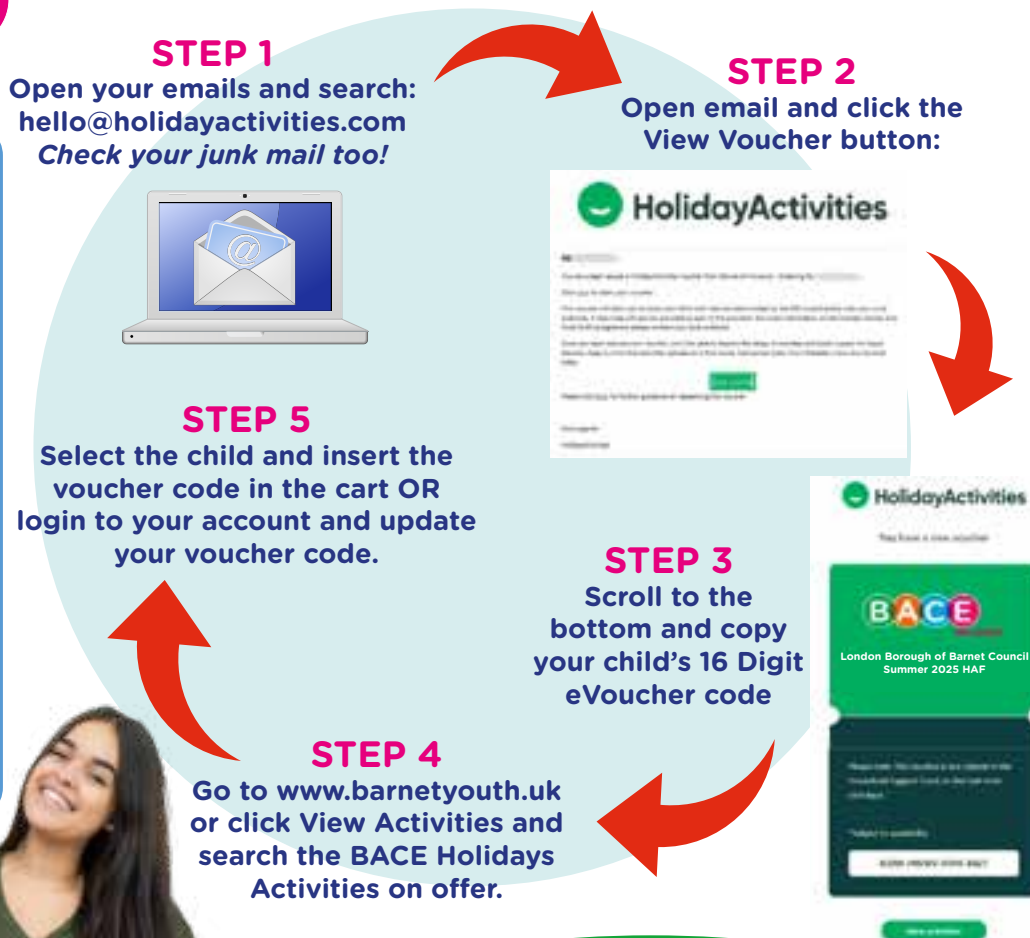
## How to book...



Please email [byes@barnet.gov.uk](mailto:byes@barnet.gov.uk) or [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) if you would like this booklet in larger print, Braille or in your language.



Here are the steps to finding your Holiday Activity eVoucher Codes:



### Additional Steps: Holiday Activity Vouchers (BACE Holidays ONLY)

To access BACE Holidays, you will need to be eligible for benefit-related Free School Meals. You MUST insert your 16 Digit Holiday Activity Voucher code sent to you via email in the cart on the [barnetyouth.uk](http://barnetyouth.uk) website.



#### Please note:

Each eligible child will have their own voucher code. All codes will be sent on 4 July 2025 to the email you receive correspondence from the schools.



## What's on

# Summer Camps

This summer, BACE Holidays invites children eligible for benefit-related free school meals (and who have received a 16-digit Holiday Activity e-voucher) to join in on the exciting activities with these amazing organisations. Each child can book up to 4 hours per day and up to 4 days throughout the summer break, subject to availability. If you're not eligible for BACE Holidays, read on to discover other fun activities available this summer.\* There's so much to enjoy this season!

PROVIDER NAME	ACTIVITY	VENUE	POSTCODE	AGES
<b>East Central Hub Area</b>				
Barnet Community Project	Multi-Activity Camp	Rainbow Centre, Dollis Valley Drive	EN5 2UN	6 to 16
Fixation Academy Performing Arts Camp	Arts, Crafts and Performing Arts	Whitings Hill Primary	EN5 2QY	4 to 11
Smart Play	Arts & Crafts, Football and Multisports	Underhill School,	EN5 2LZ	4 to 12
SBWA	Multi-Activity Camp	Tarling Road Community Centre, 20 Fallows Close	N2 8LG	4 to 16
Non Stop Action	Multi-sports Camp	Moss Hall Junior School	N3 1NR	5 to 12
Arts Depot	Arts Programme	The Arts Depot, 5 Nether Street	N12 0GA	7 to 16
Active London	Multi-Activity Camp	Brunswick Park Primary	N14 5DU	4 to 11
Foundation Sports	Sports, Arts & Crafts	Ashmole Primary	N14 7NP	4 to 16
Mindcatcher SportsTech	Sports Tech Camp	All Saints CofE Primary School	N20 9EZ	4 to 11
Complete Sport	Multi-Activity Camp	Cromer Road Primary School, Cromer Road, Barnet	EN5 5HT	4 to 11
ProFA	Football Camp	Powerleague Finchley, Summers Lane, London	N12 0RF	4 to 16
Non Stop Action	Dance Camp	Summerside Primary School	N12 0QU	5 to 12
<b>South Hub Area</b>				
Claremont Primary School	Multi-Activity Camp	Claremont Primary School	NW2 1AB	5 to 11
Claremont Primary School	Special Educational Needs Multi-Activity Camp	Claremont Primary School	NW2 1AB	5 to 11
LiFT CIC	Football Camp	Whitefield School Claremont Road, London	NW2 1TR	12 to 16
Cricklewood Boxing Club	Multi-Activity Camp	Cricklewood ABC, Gladstone Park Parade, Edgware Road	NW2 6JR	6 to 16
Resources for Autism	Multi-Activity Camp/Specialist Scheme for Autistic Individuals	858 Finchley Road	NW11 6AB	8 to 16
<b>West Hub Area</b>				
Bulldogs Basketball CIC	Basketball Camp	Barnet Copthall Leisure Centre, Champions Way	NW4 1PX	8 to 11
Pro Touch	Multisports Camp	Parkfield Primary School	NW4 3PJ	6 to 12
Fixation Academy Performing Arts	Arts, Crafts and Performing Arts	Fairways School	NW7 3HS	4 to 11
Non Stop Action	Dance & Football Camps	Millbrook Park CE Primary School	NW7 1JF	5 to 12
Greentop	Multi-Activity Camp	Greentop	NW9 4BR	4 to 11
Sport4Kids	Multisports Camp	Colindale School	NW9 6DT	4 to 11
Wuma Sports Ltd Basketball	Basketball Camp	Barnet Copthall Leisure Centre, Champions Way, Hendon	NW4 1PX	11 to 16
LiFT CIC	Football Camp	Powerleague Mill Hill, 31 Pursley Road, London	NW7 2BB	12 to 16
LiFT CIC	Football Camp	St James Catholic High School, Colindale	NW9 5PE	12 to 16
Superstar Sport	Multisports Camp	Watling Park Primary	HA8 9YA	4 to 11
Superstar Sport	Multisports Camp	Broadfields Primary School	HA8 8JP	4 to 11
Unitas Youth Zone	Multi-Activity Camp	Unitas Youth Zone, Montrose Avenue	HA8 0DT	8 to 12
Motion4Kids	Multisports Camp	Princes Park Youth FC	NW9 7ND	8 to 16
Community Focus Inclusive	Special Educational Needs Multi-activity	Community Focus Inclusive Arts, Friary House, Friary Park, Friary Road	N20 0NR	10 to 16

\* Ofsted Registered



Please note: Some of the camps listed above offer paid places for children who are not eligible for benefit-related free school meals. Some camps also offer early drop-off and late pick-up for an extra fee to BACE families. Contact the provider directly for more details. All camps are inclusive, meaning children with SEND needs can attend. If your child requires one-to-one support, please see the SEND page on page 13.





# Shows and events for you to enjoy this summer



## Silent Disco with DJ Groovy G



**Ages:** 7-12

**Date:** Wednesday 20 August 2025

**Time:** 14:30-16:30

**Venue:** Finchley Youth Theatre, (FYT), 142 High Road, East Finchley, N2 9ED

Get ready to dance like nobody's watching (or listening!) at our Silent Disco – the coolest party of the summer for kids aged 7 to 12! Pop on your wireless headphones, choose your favourite tunes, and groove to the beat with your friends in a fun, safe, and totally unique party experience.

Whether you're into pop, dance, or party classics – there's something for every young music lover!



## Science Show

**Ages:** 4-16

(children must be accompanied by an adult)

**Date:** Thursday 31 July 2025

**Time:** 13:00-14:00

**Venue:** Finchley Youth Theatre, (FYT), 142 High Road, East Finchley, N2 9ED

Exciting science experiments which will involve the children and Make science fun, with an experienced Boffin as your presenter. Perfect for curious minds of all ages, this interactive show brings science to life with laughter, learning, and plenty of surprises! No lab coats required, just bring your curiosity.



## Non Stop Kids Entertainment Magic Show



**Ages:** 5-16

(children must be accompanied by an adult)

**Date:** Thursday 7 August 2025

**Time:** 13:00-14:00

**Venue:** Finchley Youth Centre, N2 9ED

Prepare to be amazed, delighted, and thoroughly entertained at our Family Magic Show Experience – the perfect summer holiday treat for all ages! Step into a world of wonder as our talented magician brings you a show packed with mind-blowing tricks, and plenty of laughs.



## Unplug and Rewind with Classic Games



Step back in time and enjoy a day full of classic fun at our Retro Games Day, perfect for children who love to play, compete, and connect! Join us for a fantastic mix of games designed to bring everyone together. Whether you're a board game whiz or a ping pong pro, there's something for everyone to enjoy.

**Ages:** 6-11

**Date:** Wednesday 6 August 2025

**Time:** 12:30-14:00

**Ages:** 12-16

**Time:** 14:30-16:00

**Venue:** Finchley Youth Theatre (FYT), 142 High Street, East Finchley, N2 9ED

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## Teen Pop-Up Cinema – Maze Runner

**Ages:** 12-16

**Date:** Thursday 21 August 2025

**Time:** 13:30-16:00

**Venue:** Finchley Youth Theatre, (FYT), 142 High Road, East Finchley, N2 9ED

Get ready for an awesome movie night with our Teens Movie Pop-up featuring the thrilling film Maze Runner! Epic Movie: Dive into the action-packed world of Maze Runner and experience the adventure on the big screen. Yummy snacks: enjoy delicious snacks while you watch the movie with your friends. Chill out in a cool and relaxed environment with the screening exclusively to yourselves





## Nerf Battles



Ready... Aim... FUN!

Get your adrenaline pumping with our Nerf Battles – the ultimate team game experience for pre-teens and teens this summer!

Join us for high-energy action as players team up, strategize, and dodge foam darts in a safe, supervised environment. With exciting game modes, and loads of laughs, it's the perfect way to stay active, make new friends, and enjoy some friendly competition.

**Ages:** 7-11

**Dates:** Tuesday 29 July 2025  
Tuesday 5 August 2025  
Tuesday 12 August 2025  
Tuesday 19 August 2025

**Time:** 12:30-14:00

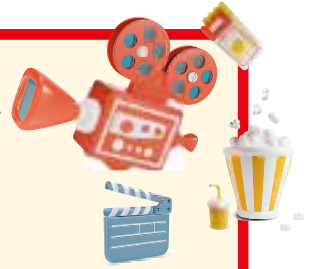
**Ages:** 12-16

**Dates:** Tuesday 29 July 2025  
Tuesday 12 August 2025

**Times:** 14:30-16:00

**Venue:** Finchley Youth Theatre,  
142 High Street,  
East Finchley,  
N2 9ED

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A FRIEND!



## Toy Story 2 – Free Family Pop-Up Cinema!

Following the fantastic turnout for Toy Story during the May half-term, we're back with a second dose of fun, laughter, and adventure for the whole family!

Join us this summer for a special free screening of Toy Story 2 at our pop-up cinema – a perfect way to enjoy a sunny day with Woody, Buzz, and the gang.

**Film:** Toy Story 2 (Rating: U)

**Date:** Thursday 14 August 2025

**Time:** 13:00-15:00

**Free snacks for children**

**Children under the age of 12 must be accompanied by an adult.**

## Chess Club

Our Junior Chess Club Session is the perfect place for you to sharpen your skills, make new friends, and have a blast!

Challenge Yourself: Compete in fun and friendly matches with others.

**Ages:** 7-16

**Dates:** Thursdays, 31 July, 7, 14, 21 August

**Times:** 10:00-11:30



## Video Game Design 3 Day Workshop

Level Up Your Creativity at Our Video Game Design Workshop!

Calling all gamers and aspiring game designers! Get ready to dive into the thrilling world of video game creation at our Video Game Design Workshop. Whether you're a newbie or a seasoned player, this workshop is your chance to turn your gaming passion into reality.

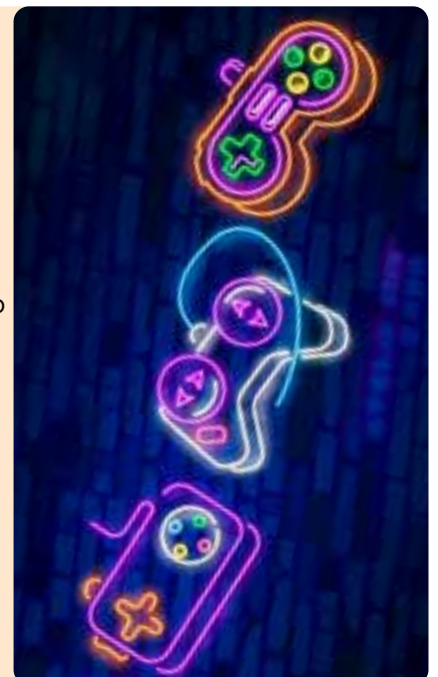
**Ages:** Juniors 8-11 • Seniors: 12-16

**Dates:** Monday 18 August 2025, Tuesday 19 August 2025,  
Wednesday 20 August 2025

**Time:** 12:30-14:00

**Ages:** 10:00-13:00 juniors • 13:30-16:30 seniors

**Venue:** 24 Hendon Lane, Finchley Central, N3 1TR





## Kayak Fun on the Water: Get ready for an unforgettable adventure!

Our sessions are designed to be fun and tailored to each unique group. Here's what you can expect:

Basic Skills Training and Fun Games: Participate in exciting games that challenge your skills and bring out your competitive spirit. Explore the beautiful reservoir, discovering hidden spots and enjoying the scenic views.

**Ages:** 9-11, 12-14, 15-17

**Dates:** 30 July, 15 August & 21 August 2025

**Times:** 10:30-12:30

**Each child may only book one session as it is the same activity each time.**

**Venue:** Phoenix Outdoor Centre, London, NW9 7ND



## Kayak Level 1 Two Day Course:

This course is aimed at complete beginners and works towards our Introductory Kayak Level 1 award.

The course is run over two consecutive days and participants must attend both days.

Understand important safety measures to ensure a fun and secure experience on the water. Get plenty of time on the water to practice your new skills and build your confidence.

**Age:** 12-16

**Venue:** Phoenix Outdoor Centre, London, NW9 7ND

## Experience the thrill of Stand-up PaddleBoarding

Learn essential techniques to balance and glide effortlessly across the water. Challenge Yourself: Test your balance and skills with fun and exciting challenges.

**Ages:** 9-11, 12-14, 15-17

**Dates:** 30 July 2025, 15 August 2025, 27 August 2025

**Times:** 13:30-15:30

**Venue:** Phoenix Outdoor Centre, London, NW9 7ND

## Street Photography Walk - Snap the City Your Way



See your world through a new lens! Join us for a hands-on street photography session where you'll capture real moments, bold angles, and the energy of everyday life. Whether you're into gritty textures, cool shadows, or candid portraits, this guided walk will help you level up your skills and find your unique style.

**Ages:** 12-16

**Dates:** Tuesday 5 August 2025  
Tuesday 19 August 2025

**Time:** 14:30-16:00

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## Annie Show in a Week -

**Martins Primary School  
(Finale: Finchley Youth Theatre)**

**Dates:** Monday 04 August 2025 -  
Friday 09 August 2025

**Ages:** 6-11

**Timing:** 09:00-15:00

Join us for a week of fun, creativity, and musical magic! Perfect for fans of performing and Annie the Musical, this week-long program culminates in a spectacular performance for family and friends.

The final performance is on Friday at 2pm, open to all friends and family.

Full week course, show costumes, 2 tickets per child for the final performance, and a participation certificate.

Note: This is a full-week booking. If you cannot attend one of the days, please let us know in advance. Your space is confirmed upon receipt of childcare payment. If not received within 48 hours, your booking will be cancelled to make space for another child.





## What's on

### Martial Arts

Looking for a fun, active, and confidence-boosting activity this summer? Sign up for our FREE Martial Arts Workshops – designed especially for children to get moving, learn new skills, and have a blast!



Led by experienced instructors, these sessions will introduce kids to the basics of martial arts in a safe, supportive, and exciting environment. They'll learn:

- Self-discipline & focus
- Strength & coordination
- Respect & self-confidence
- Fun team-based challenges and drills

No experience needed – just bring energy and enthusiasm.

**Ages:** 6-11 **Time:** 9:30-10:30

**Ages:** 12-16 **Time:** 11:00-12:00

**Date:** Tuesday 29 July, Tuesday 5 August, Tuesday 12 August, Tuesday 19 August

**Venue:** Finchley Youth Centre, N2 9ED

### Arts and Crafts

Unleash your imagination and dive into a world of creativity, and hands-on fun! Every day brings a brand-new creative challenge to make something totally unique.

This is your chance to try new skills, express yourself, and have a blast while making new friends. Each week there is a different themed crafting activity

**Ages:** 7-11

**Date:** Mondays and Wednesday:  
28 & 30 July 2025  
04 & 06 August 2025  
11 & 13 August 2025  
18 & 20 August 2025

**Time:** 10:00-11:30

**Venue:** Finchley Youth Centre, N2 9ED



### App Design 3 Day Workshop



#### Unleash Your Creativity and Build Amazing Apps!

Dive into the world of mobile app development and create interactive, useful apps for both iOS and Android devices. Share your innovative creations with friends and family, and watch their faces light up with amazement!

Join our App Design Course and master the essentials of mobile app development.

**Ages:** Juniors 8-11  
Seniors 12-16

**Dates:** Monday 4 August 2025,  
Tuesday 5 August 2025,  
Wednesday 6 August 2025

**Times:** 10:00-13:00 juniors  
13:30 - 16:30 Seniors

**Venue:** 24 Hendon Lane, Finchley Central,  
N3 1TR

### Ozobot detectives – write a mystery story with robots



Join us for a creative writing workshop with a STEM twist!

Our clever little line-following robots will be playing the part of detective, as you create and illustrate your very own mystery story, using special codes to help our 'Ozobots' follow the narrative. Will you be able to crack the case?.

**Age:** 7-12

**Come and join us either at:**

Chipping Barnet Library,  
Friday 8th August, 10.30am – 12pm or  
Finchley Church End Library,  
Thursday 14th August, 10.30am – 12pm





All the trips below are for young people and they will be supervised by staff members.

## Flip Out

Young people can enjoy everything that flip out has to offer. Only BACE children receive funded food and drink.



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**Ages: 12-16** (guests must also be 12-16)  
**Thursday 14 August 2025**  
**Thursday 21 August 2025**

## Laser Quest

BACE children will experience a 2-hour pizza party adventure, fully funded access to two 20-minute laser quest games, one 5D VR cinema experience, with food. The session will conclude with 30 minutes in a dedicated room with team building games.

Positive Activities children will access the Laser Quest Adventure package (please note this does not include a funded food/drink offer).

**Ages: 12-16** (guests must also be 12-16)  
**Thursday 14 August 2025**  
**Thursday 21 August 2025**

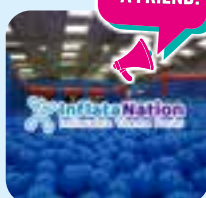


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## InflataNation

Get ready for giant inflatable slides, the thrilling helter-skelter, our epic inflatable obstacle course, the exciting tipping slide, and so much more. Plus, your brand-new Colindale arena features an absolutely enormous ball pit – it's seriously huge! Fun for everyone awaits!.

**Ages: 12-16** (guests must also be 12-16)  
**Wednesday 13 August 2025**  
**Wednesday 20 August 2025**



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## Term Time Fun



We have lots of activities on offer during term-time across the borough. See below for some of the highlighted activities. Get involved this Summer term.

### SEND Performing Arts Group

Love to sing, dance & act? Come along and attend this weekly performing arts session for SEND (Special Educational Needs, Disability & Autism) Young People. At the end of each term there will be a short performance/sharing of work which you can invite your family and friends to.

**Ages: 11-25 for children with disabilities**

**Dates: Mondays**

**Time: 16:00-17:15**

**Venue: Finchley Youth Centre, N2 9ED**

### Yoga

Through imaginative movement, playful poses, and calming breathing exercises, children will build strength, balance, and confidence in a fun environment. Each class is filled with music and games that help kids stay active, focused, and centered.

**Ages: 6-10 & 11-16**

**Dates: TBC\***

**Location: Finchley Youth Centre, N2 9ED**



### Basketball

Come and improve your basketball skills with our Wuma Sports basketball coaches! Open to boys and girls of all abilities.

**Ages: 12-19**

**Dates: TBC\***

**Location: TBC\***

**TBC\***

**Check out the website for Dates, Times & Locations**

### Martial Arts

A high-energy way for children to build confidence, focus, and physical fitness. Through age-appropriate techniques and games, your child will learn respect, self-defense, and the value of hard work.

**Ages: 8-16**

**Dates: Wednesdays**

**Times: 17:00-18:00 (8-11s) & 18:00-19:00 (12-16)**

**Venue: Finchley Youth Centre, N2 9ED**

### Creative Arts

Designed for aspiring and experienced artists alike, this programme will focus on collaborative and individual projects across a range of artistic disciplines throughout the term. The programme will touch on painting, design and mixed media. You will be given the tools and support to grow your artistic expression.

**Ages: 7-11**

**Dates: TBC\***

**Time: TBC\***

**Venue: Finchley Youth Centre, N2 9ED**

### E2E Football Seniors by LIFT CIC

Ready to level up your game? Join us for FREE football sessions delivered by FA coaches, designed just for you! Whether you're looking to improve your skills, meet new friends, or just have some fun.

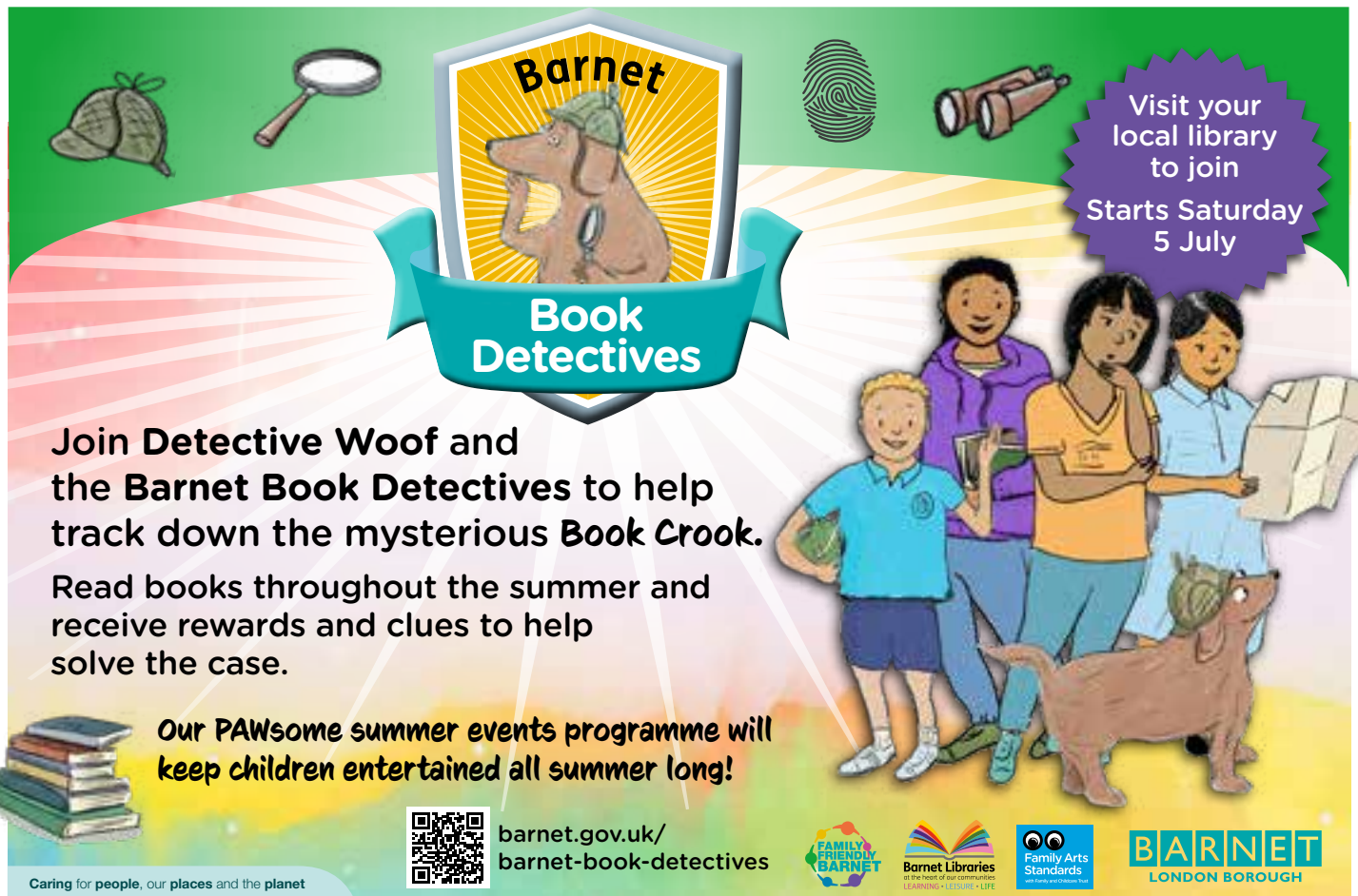
**Ages: 13-18**

**Time: 18:00-19:30**

**Mondays:**  
**Whitefield School, NW2 1TR**  
**Astroturf**

**Tuesdays:**  
**St James School, NW9 5PE**  
**Astroturf**





**Barnet**

**Book Detectives**

Join **Detective Woof** and the **Barnet Book Detectives** to help track down the mysterious **Book Crook**. Read books throughout the summer and receive rewards and clues to help solve the case.

Visit your local library to join  
Starts Saturday 5 July

Our PAWSome summer events programme will keep children entertained all summer long!

[barnet.gov.uk/  
barnet-book-detectives](https://barnet.gov.uk/barnet-book-detectives)

**BARNET**  
LONDON BOROUGH

Caring for people, our places and the planet

FAMILY FRIENDLY BARNET

Barnet Libraries  
at the heart of our communities  
LEARNING • CULTURE • LIFE

Family Arts  
Standards  
We inspire and connect you

# Barnet Parent Champions

**Parent Champions are committed volunteers who dedicate a few hours a week to support parent/carers, providing guidance on accessing support organisations.**

*'BACE has been a lifeline for my family and I. The structured, well-planned, thoughtful, and meaningful activities have really boosted confidence in my children and provided them with positive and useful ways to keep occupied'*  
**Parent Champion Summer 2024**

*'My two lovely boys, aged 4 and 7, enjoyed every day in BACE Holidays Camp during last summer. They engaged in a wide range of physical and creative activities such as football, multi sports, arts, crafts, cookery, etc. They have developed new skills and made new friends as they engaged in a lot of team games. They have become more confident. The most crucial aspect to me is that my kids have entertainment in a safe and well-structured environment and supervised by qualified staff. I highly recommend BACE Holidays for inspiring children'*

**Parent Champion Summer 2024**

**If you would like to become a Parent Champion and make a difference in Barnet contact:**  
Email: [parent.champions@barnet.gov.uk](mailto:parent.champions@barnet.gov.uk)  
Telephone: 07501 005323

**Volunteer Opportunity**







## Fit and Active Barnet | Card | Better

Being active is easy, fun and social. It can lift your mood, keep your heart healthy, and is a great way to meet friends. Through the FREE Fit and Active Barnet (FAB) card, juniors can have access to a range of physical activity opportunities,



including 50% off leisure-based activities and FREE swimming for under 8s (Mon – Fri).

**Sign up now!**

**WEIGHT  
MANAGEMENT**



**HEALTHY  
HEART**



**INCREASE ENERGY,  
RELIEVE STRESS**



[www.better.org.uk/fab-walking-in-barnet](http://www.better.org.uk/fab-walking-in-barnet)



The Barnet Children & Families Autism Hub offers a wealth of opportunities for families to enjoy together. Our expert team lead a variety of groups, activities, workshops and more. Gain access to a range of professionals and be a part of the community.



**Creatives  
Club**

For 8-12 year olds to explore their creativity.



**Outings  
Group**

For teens to engage in the community.



**Stay &  
Play**

For families to engage in play within the Hub.



**Autism  
Drop Ins**

Meet the Hub team, ask questions, get advice.



**Sessions with  
Professionals**

Access a variety of professional support.



**Parent &  
Carer  
Workshops**

Be a part of a community & learn more.

Scan the code to find out more and complete a referral!



Caring for people, our places and the planet



## Join us for Fun-Filled Park Days Tuesday and Thursday

Event Times: 10:30 - 14:30

Bring your family and enjoy a day packed with exciting activities and free snacks! Our park days offer something for everyone:

Don't miss out on this fantastic opportunity to spend quality time with your loved ones. See you at the park!

### Inflatables:

Bounce around and have a blast!

### BMX Biking:

Ride and explore on two wheels.

### Multisport:

Engage in various sports activities.

### Yoga:

Relax and stretch in the open air.

### And More:

Discover a variety of fun and engaging activities!

Tuesday 5 August 2025

Silkstream Park West Hub

Thursday 7 August 2025

Oak Hill Park East Central Hub

Tuesday 12 August 2025

Edgwarebury Park West Hub

Thursday 14 August 2025

Childs Hill School South Hub

Tuesday 19 August 2025

Golders Green Park South Hub

Thursday 21 August 2025

Victoria Park, N2 East Central Hub





## Free Activities for Young People

Drop in, during the term-time to have fun!



### The Duke of Edinburgh Open Award Centre



The Duke of Edinburgh Open Award Centre is open to all children and young people aged 7-19 in the Borough of Barnet.

For young people aged 13+ (Year 9), all activities contribute to achieving Bronze, Silver & Gold Awards.

## ACTIVITIES AVAILABLE

Arts and Crafts

Digital Photography

DofE Support Volunteering Opportunities

Expedition Training

Games including Pool and Table Tennis

Graffiti

Hair & Beauty

Homework club



Scan here for FREE activities [Barnetyouth.uk](http://Barnetyouth.uk)

Email: [DofE@barnet.gov.uk](mailto:DofE@barnet.gov.uk) • Tel: 020 8359 3100



## Empowering Our Youth: Martial Arts and Leadership Programmes

As parents, we all want the best for our children. We strive to provide them with opportunities that foster their growth, both physically and mentally. In our community, we are excited to introduce a new initiative that promises to do just that: the integration of positive martial arts activities and holistic sessions within the BACE and local youth clubs.

The aim is to offer our young people a constructive outlet for their energy, helping them manage stress and encouraging personal growth.

### Why Martial Arts?

Martial arts have long been celebrated for their profound impact on physical health, mental well-being, and character development. By incorporating these sessions into youth programming, we can provide numerous benefits, including:

- Improved Physical Fitness and Coordination

- Enhanced Self-Discipline and Focus
- Increased Self-Confidence and Emotional Resilience
- Development of Respect, Perseverance, and Teamwork
- Reduction in Antisocial Behaviour

### Youth Leadership Programme

In addition to martial arts instruction, we are proud to offer a Youth Leadership Programme. This initiative empowers teenagers to contribute meaningfully to their community through volunteering opportunities, skills development in communication and teamwork.

### Our Commitment to the Community

We are deeply embedded in the community and have received numerous awards for our contributions to positive youth outcomes.

Of particular note is Master Sofos, our founder and lead instructor, who was honoured with the Freedom of the City of London in recognition of more than 40 years of service to young



people. His work has created a safe, supportive environment for youth, offering not only physical activity but also mentorship and a stepping stone for positive transitions through adolescence.

Together, we can help our youth thrive and build a brighter future for our community.





## How can [www.BarnetYouth.uk](http://www.BarnetYouth.uk) support children with Special Educational Needs and Disabilities (SEND) to access activities?

**Within our different projects, BACE Holidays, DoFe and Positive Activities term time and holidays we have various support offers.**

The Barnet Youth offer is an inclusive provision with three different ways in which children with SEND needs can access the programmes activities.

### The types of provision are:

- Mainstream provision where children of mixed abilities will play alongside one another.
- Exclusive SEND Activities, specifically for children whose needs are better met within a specialist or target provision.
- Family SEND provisions where parent and child/siblings attend.

Often children with SEND don't require 1:1 support within the activities. However, we understand that every child is unique and their needs vary. Therefore, if your child does need specialist 1:1 support and qualifies for short breaks\* or direct funding, you can provide a support worker for your child to access mainstream activities. You will need to notify us in advance of the session and support workers will need to supply their DBS information upon arrival.

Currently BACE Holidays is the only project that is able to fund a limited amount of 1:1 support workers. Following the HAF guidance all eligible children are offered up to 4 hours a day of provisions for up to 4 days in the Spring. SEND children accessing BACE in need of 1:1 support will receive the same amount of hours and days as above. If parents request extended hours either side of the 4 hours funded by BACE, SEND support arrangements (including a 1:1 if needed) for the agreed extended hours will need to be discussed with the provider direct. (BACE Holidays do not fund additional hours).

### Please note:

- There is limited funding and subject to availability.
- If your child requires extra support/1:1 support parents/carers will need to contact [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) 7 days prior to activity start date in writing. We are not able to provide and confirm any support after this date is in place.
- If you have funding but do not have access to 1:1 support staff you can contact the providers highlighted on this page.

### TeachNow

Teaching Agency and 1:1 SEND support Staff for BACE Holidays and North London Schools. [www.teach-now.co.uk](http://www.teach-now.co.uk)

### Barnet Mencap

Offers a range of support and events for children and adults with a learning disability, autistic people and their families, in Barnet.

[www.barnetmencap.org.uk](http://www.barnetmencap.org.uk)

### IPOP

Provides 1:1 support playworkers to enable your child or young person to attend mainstream play / leisure activities. [www.ipopsupport.org.uk](http://www.ipopsupport.org.uk)

### Resources for Autism

Provide practical services for children and adults with a diagnosis of autism and for those who love and care for them. [www.resourcesforautism.org.uk](http://www.resourcesforautism.org.uk)

### Exclusive SEND Activities

Based on the needs of the children and families attending activities, we continue to offer exclusive specialist SEND provisions for children and young people. These activities are on the booking site and will include whether they are available as exclusive SEND activities under both BACE holidays and Positive Activities. Please do

contact the team to discuss your child's participation and contact [BACEHolidays@barnet.gov.uk](mailto:BACEHolidays@barnet.gov.uk) or [byes@barnet.gov.uk](mailto:byes@barnet.gov.uk) at least 7 working days before the activity start date.

### Examples of activities are below:

- SEND Performing Arts
- Strength and Learning Through Horses Autism friendly days
- SEND Sports Camps
- Resources for Autism
- Community Focus

### Family Fun SEND Sessions

Family Fun Sessions that will last between 45mins - 2 hours for families to be placed into small groups to enjoy activities. Sessions will be tailored for children with SEND needs, their parent/carer and their siblings to join in the fun and have some family time together (families will be able to book up to 4 participants per session\*\*).

- SEND Family Inflatables sessions
- SEND Family Cooking sessions
- SEND Multisport sessions
- Friendly Cinema Screenings and lots more



*\*Short breaks are a range of play and leisure services for disabled children and young people. The services are available for people who live in Barnet, from 0 to 19 years old (until their 19th birthday). These services are for children and young people who need additional support to access play and leisure services. Find out more and how to apply: [www.barnet.gov.uk/children-and-families/children-and-youngpeople-disabilities](http://www.barnet.gov.uk/children-and-families/children-and-youngpeople-disabilities)*

*\*\*Sessions will be delivered on a first-come first-served basis and initially bookings will be limited to one per family. Some activities will have a limited number of places that can be booked. Parents/Carers are to stay and partake in the fun with their children. Siblings are welcome to attend also.*

**Please see below the links to Barnet's Local SEND support offers that families can access.**

**Barnet's Local Offer:** <https://www.barnetlocaloffer.org.uk/>

**SENDIASS:** <https://www.barnet.gov.uk/children-and-families/barnet-send-information-advice-and-support-service-sendiass>

**Barnet Parent Carer Forum:** [www.barnetpcf.org.uk](http://www.barnetpcf.org.uk)





## Why not try these healthy meal ideas?



### Panzanella salad

#### Ingredients

- 1 small cucumber, roughly chopped
- 1 large red onion, roughly chopped
- 3 very ripe tomatoes, roughly chopped
- 1 ciabatta or small sourdough loaf, cut into large cubes
- 4 tbsp extra-virgin olive oil
- 5 tbsp red wine vinegar
- 2 tbsp capers, rinsed and drained
- 12 basil leaves, roughly crushed
- 1 mozzarella ball, torn into pieces

#### Method

1. Place your chopped onions in a bowl, cover with 2 tbsp vinegar, add 1 tsp of sugar and a little water. Allow the onions to soak in the liquid for 10 mins.
2. Put the cucumber, marinated onions, tomatoes in a large bowl and add the bread. Mix well with your hands and season with salt and pepper.
3. Whisk the olive oil, remaining red wine vinegar, capers and some salt and pepper together and add to the bowl with the basil. Give it a good stir, then cover and leave in the fridge for a few hours for the flavours to mellow. The bread should feel moist but not soggy.
4. Tear up a mozzarella, and add it when ready to serve.



### Chicken Shawarma

(Serves 6)

#### Ingredients

- 1.5 kg chicken thigh fillets, skinless and boneless

#### For the marinade

- 2 large garlic cloves crushed
- 1 tbsp ground coriander
- 1 tbsp ground cumin
- 3 tsp smoked paprika
- salt and pepper to taste
- juice of 1/2 lemon
- olive oil

#### For the yoghurt sauce

- 2 cup Greek yoghurt
- 2 clove garlic, crushed
- 1 tsp cumin

Squeeze of lemon juice

Salt and pepper

#### Method

1. Combine the marinade ingredients in a bowl and add the chicken and use your hands to make sure each piece is coated place in the fridge until ready to cook.
2. Combine the Yoghurt Sauce ingredients in a bowl and mix. Cover and put in the fridge until required.
3. Place chicken on the grill on a medium heat or cook on the stove and cook the first side for 4 to 5 minutes until nicely charred, then turn and cook the other side for 3 to 4 minutes (the 2nd side takes less time).
4. Remove chicken from the grill and cover loosely with foil. Set aside to rest for 5 minutes.
5. Serve with flatbreads, tomato, chopped lettuce and yoghurt sauce.



### Strawberry Mousse

(makes 4)

#### Ingredients

- 500g strawberries, hulled and halved, any larger ones quartered
- 1 lemon, zested and juiced
- 100g caster sugar
- 150ml mascarpone
- 300ml double cream
- 1 tbsp vanilla bean paste

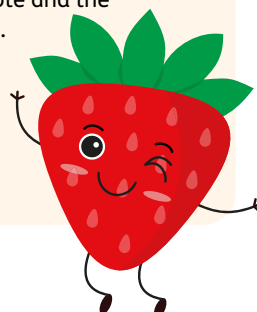
#### To serve

- 4 gingernut biscuits, crushed

#### Method

1. Put the strawberries, lemon juice, sugar and 2 tbsp water in a large pan over a medium heat and cook for 5 mins until the fruit has softened. Scrape into a bowl leave it to cool. Tip 300g of the mixture into a blender (reserve the rest for later), blitz until smooth and sieve into a jug.
2. Whisk the mascarpone in a large bowl to soften, then add the double cream, vanilla bean paste and lemon zest, and whisk again until just starting to thicken. Fold in the blitzed, sieved strawberry purée to combine – it will thicken a bit more. Alternatively, swirl it through so you have layers of compote going through the mousse. Will keep chilled for up to a day.
3. Spoon or pipe the mousse into glass tumblers and top with the reserved strawberry compote and the gingernut crumbs.

Add pistachios and dried strawberries, if you like.





Barnet has a network of food banks which are available to support families in need.  
Visit: <https://www.barnet.gov.uk/directories/food-banks>

## Cheesy veggie wedges recipe (serves 4)

This recipe is so tasty! Perfect served cold in packed lunches or as a snack, it's equally good as a light dinner, served warm with a side of vegetables or salad. Prep: 10 mins • Cook: 25 mins

### Ingredients

- 100g pasta shapes (or 300g cooked potato, in chunks)
- 1 teaspoon vegetable oil
- 1 small onion, chopped
- 1 courgette, grated
- 1 carrot, grated
- 4 eggs
- 50g reduced-fat hard cheese, grated
- 2 teaspoons dried mixed herbs
- 1 pinch ground black pepper



### Method

- 1 Cook the pasta shapes in boiling water for 10 to 12 minutes, until just tender. Once ready, drain thoroughly and rinse with cold water to cool them quickly.

#### Information:

- 1 You could use cooked potatoes instead of pasta. You will need about 300g altogether, chopped into chunks.
- 2 While the pasta is cooking, heat the vegetable oil in a non-stick frying pan and gently cook the onion for 3 to 4 minutes, stirring often. Remove from the heat and add the courgette, carrot and pasta (when ready). Mix well.
- 3 In a bowl, beat the eggs together and add the cheese. Stir in the dried herbs and season with some pepper.

- 4 Pour the egg mixture into the frying pan that has the pasta and vegetables, and cook over a low heat for 4 to 5 minutes, without stirring, to set the base. Meanwhile, preheat the grill to medium-high.
- 5 Put the frying pan under the grill and cook for 4 to 5 minutes until the surface has set and is golden brown.
- 6 Remove from under the grill and leave to cool for a minute. Cut into 4 slices and serve with a side of vegetables or a salad.

#### Information:

If adding to a packed lunch, let cool completely before cutting into wedges. Wrap the slices in cling film or greaseproof paper and keep in the fridge until needed.



## Discover the Joy of Cooking with Our Free Summer Workshops!

This summer, ignite your child's passion for cooking with our exciting and free cookery workshops as part of the BACE and PA programmes! We are thrilled to offer two delightful themes designed to inspire young chefs:

### Young Chefs: Mini Chefs

Perfect for our littlest cooks, these sessions feature simple recipes that children can easily follow. From homemade pizzas and pasta dishes to refreshing fruit salads, your child will learn to create delicious meals while having a blast in the kitchen.

### Young Chefs: Street Food Adventures Ages 12 - to 16-year-olds

For our older kids and teens, these workshops bring the vibrant flavours

of street food from around the world right to their fingertips. They'll recreate popular street foods like tacos, kebabs, and crepes, giving them a taste of global culinary culture.

Our workshops are available for children, parent-and-child sessions, and are SEN-friendly, ensuring an inclusive and enjoyable experience for everyone. Join us at North Road Community Centre and Martins Primary School for a summer filled with culinary creativity and fun!

Don't miss out on this fantastic opportunity to bond with your child and explore the wonderful world of cooking together. Book your spot today and let the culinary adventures begin!



## Ready to book?

Join us this summer for an exciting and enriching experience!

Visit [www.barnetyouth.uk](http://www.barnetyouth.uk) for more details and to secure your spot.

*Let's cook, learn, and grow together!*





### Would you like to help deliver Holiday activities for children and young people across Barnet?

**The Holiday Activities and Food Programme (HAF) runs throughout the school holidays (Spring, Summer, Winter) and provides children in the community with healthy meals and enriching activities.**

This London Borough of Barnet and Young Barnet Foundation programme needs motivated individuals with a genuine dedication to the people of Barnet.

Working directly for the community, you have the empathy and commitment we need to make a difference in a child's life during the school holidays.

This wonderful initiative benefits families who are struggling financially: and allows children to stay active, learn about nutrition and participate in fun experiences.

This role is ideal for volunteers with childcare, youth or classroom experience; or for those looking to gain experience in this area. It takes place in schools and community venues across the Borough of Barnet, and you will be supporting a variety of Holiday Activity and Food Programme providers.



Inspiring and supporting volunteering



**Additional training opportunities are available, and an enhanced DBS check will be provided.**

**Find out more: <https://barnetvolunteersc19.co.uk/volunteers/opportunity/10197465>**

**"I liked everything about the experience, especially being with the children. It was a very positive and inclusive experience; all of us joining in together." - BACE Holidays HAF Volunteer**

### childcare expansion: get 30 hours childcare -

**APPLY  
NOW**

From this September, 15 hours of childcare for working families with children under 3 will expand to 30 hours, meaning eligible working families can now apply for 30 hours of childcare from the term after their child turns 9 months until they reach school age.

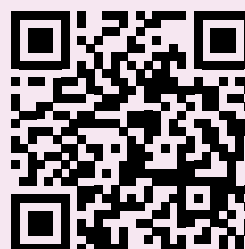
This expansion is designed to support your child's early education and help you better balance work and family life. It's the final phase of the childcare expansion, which could save families up to £7,500 per year.

Apply online by 31 August to receive your childcare code to start using the support from September.

**<https://www.childcarechoices.gov.uk/>**

**Please contact the Early Years Brokerage Team who can help you find a suitable childcare provider.**

**[earlyyears@barnet.gov.uk](mailto:earlyyears@barnet.gov.uk)  
020 8359 3052**







# DIGITAL SKILLS

## DROP-IN

make it

**Free Digital Skills Workshops for beginners, no need to book, just turn up!**

<b>Mondays</b> 1:00pm – 3:30 pm @LoveBurntOak 102a Watling Avenue, Burnt Oak, HA8 0LN	<b>Tuesdays</b> 1:00pm – 3:00pm @LoveBurntOak 102a Watling Avenue, Burnt Oak, HA8 0LN
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## FREE SIM CARDS

with the national databank

BOOST has partnered with the Good Things Foundation, a digital inclusion charity, to provide free data to our community members via the National Databank. The National Databank, which was developed in collaboration with Virgin Media and O2, offers free mobile data vouchers to people who are unable to afford an internet connection.

### Eligibility:

- you must be a Barnet resident
- have no or insufficient access to the internet at home.
- have no or insufficient access to the internet when away from the home
- cannot afford your existing monthly contract or top up

### You can collect a free SIM\* from:

Burnt Oak or Cricklewood

Burnt Oak Library  
99 Watling Avenue  
HA8 0UB

BOOST@184  
184 Cricklewood Lane  
NW2 2DX

\*SIM cards include unlimited UK calls/text messages



**If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.**

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. Money will be added to this card every 4 weeks.

#### You'll get:

- £4.25 each week of your pregnancy from the 10th week
- £8.50 each week for children from birth to 1
- £4.25 each week for children between 1 and 4

#### You can also use your card to collect:

- Healthy Start vitamins – these support you during pregnancy and breastfeeding.
- Vitamin drops for babies and young children – these are suitable from 4-weeks to 4 years old.

For more information and to access the online application form please visit:  
<https://www.healthystart.nhs.uk/>





# BARNET'S FREE HOME ENERGY FIX



Book a free in-home visit or phone call with a Green Doctor or refer a friend or family member today.



SCAN ME

**FREE**  
expert  
advice to  
lower your  
bills at  
home.\*

Barnet Council is working with Green Doctor, part of Groundwork Charity, to help you cut energy costs.



\*Eligibility criteria applies. Visit the website for details.



Bill  
saving  
advice



Switch to a  
cheaper  
energy deal



Energy saving  
kits including  
LED lightbulbs

**SIGN UP NOW AT: [www.barnet.gov.uk/homefix](http://www.barnet.gov.uk/homefix)**

Caring for people, our places and the planet

Working together to become  
a net zero carbon borough

**BY 2042**

**BARNET·ZERO·**



GREEN  
DOCTOR

**BARNET**  
LONDON BOROUGH





## FOR CHILDREN AND YOUNG PEOPLE

### Barnet Integrated Clinical Services (BICS)

Mild to moderate mental health support for children, young people and families.  
020 8359 3130 (9am to 5pm)

### Kooth

Access free, safe and anonymous support.  
kooth.com

### Rephael House

A safe place to recover, develop and grow.  
[www.rephaelhouse.uk/SelfReferral](http://www.rephaelhouse.uk/SelfReferral)  
For more information call 020 8440 9144 or email [csm@rephaelhouse.org.uk](mailto:csm@rephaelhouse.org.uk)

### Resources for Autism

[www.resourcesforautism.org.uk](http://www.resourcesforautism.org.uk) • 020 8458 3259

### Young Minds Crisis

Text message YM to 85258 for free support.



## FOR EVERYONE

### NHS England

Call 111 for non-emergency advice.



### Samaritans

For emotional support call 116 123.



### Barnet has a network of food banks available:

[barnetyouth.uk/BACE-Holidays/Barnet-Food-Banks](http://barnetyouth.uk/BACE-Holidays/Barnet-Food-Banks)

Barnet's Early Help Hubs support families to give their children a fair start in life: [barnet.gov.uk/0-19](http://barnet.gov.uk/0-19)

## FOR PARENTS AND CARERS

### Barnet Mencap

For parents of children with ADHD. School or professional referral required.

020 8349 3842 • [projectsupport@barnetmencap.org.uk](mailto:projectsupport@barnetmencap.org.uk)

### Child and Adolescent Mental Health Service (CAMHS)

For parents of children and young people (0-17 years) with mental health or severe emotional and behavioural difficulties.

[www.behcamhs.nhs.uk/parents-and-carers/](http://www.behcamhs.nhs.uk/parents-and-carers/)

Call 0800 151 0023 24 hours a day, 7 days a week, 365 days a year.



### Homestart

Perinatal health coaching for parents. Self-referral or professional referral.

[www.homestartbarnet.org](http://www.homestartbarnet.org) • 020 8371 0674 • [admin@homestartbarnet.org](mailto:admin@homestartbarnet.org)

### New Parent Zone –

[https://www.barnetlocaloffer.org.uk/parent\\_zone](https://www.barnetlocaloffer.org.uk/parent_zone)

NSPCC For adults concerned about a child or young person • 0808 800 5000

Qwell Free, safe and anonymous online support and counselling. [www.qwell.io/](http://www.qwell.io/)

### Starline Parent Helpline

For parents and carers struggling with managing their child's behaviour.

[www.starline.org.uk](http://www.starline.org.uk) • 0330 313 9162 •

Follow @StarLineSupport on Twitter

Young Minds – Parent helpline 0808 802 5544 • (Monday to Friday 9.30am – 4pm)

Mental health support for children and young people in Barnet is available in schools, from the NHS, via local authority services and through voluntary and community organisations. It is important that children and young people are aware of the free support available to them.





**? Did you know?**

## **HIRE** **Finchley Youth Centre, N2**

**Finchley Youth Centre has a number of spaces available for hire, such as Meeting Rooms and activity spaces.**

Finchley Youth Centre, East Finchley, N2 9ED has its own theatre space, fully equipped dance studio and internet access.

Spaces in the building that are available for hire are a Theatre with up to 70 audience seats, Dance Studio (Mirrored and Sprung Floor), Meeting Rooms, Foyer/Café area and a Kitchen.

**Hire charges per hour start from £15.07 - £30.00**

**For enquiries, contact us on:**

**0-19programmeslettings@barnet.gov.uk**



**DID YOU KNOW:** You will find two Barnet Legends plaques dedicated to Amy Winehouse 1983–2011 and George Michael 1963–2016 on the front of the building. Be sure to check it out!



**20**



**Amy Winehouse**  
1983–2011. Critically-acclaimed singer and songwriter who wrote her first album 'Frank' while living in East Finchley. **Finchley Youth Theatre**

**21**



**George Michael**  
1963–2016. Born in East Finchley and became a global pop music icon, philanthropist and LGBTQ+ rights campaigner. **Finchley Youth Theatre**

# **BARNET** Fostering

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**Caring for people, our places and the planet**



**WWW.BARNET.GOV.UK/FOSTERING**

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